



PRESS RELEASE

ATHLOS General Assembly 30-31 May at Universidad Autónoma de Madrid, Spain

World's top experts on longitudinal research in ageing to meet in Madrid

Madrid, Spain, 30 May 2016. The world's top experts on longitudinal research in ageing will meet 30-31 May as part of the ATHLOS Project General Assembly Meeting, at Universidad Autónoma de Madrid (UAM). Their debate, focusing on ageing trajectories of health, marks the beginning of a better understanding of the aging process.

The ATHLOS Consortium is coordinated by Dr Josep Maria Haro (PSSJD) and comprises 14 partners from 11 European countries: PSSJD, Spain; University College London (UCL), United Kingdom (UK); King's College London (KCL), UK; UAM, Spain; Spring Techno, Germany; Internationales Institut fuer Angewandte Systemanalyse (IIASA), Austria; Karolinska Institutet (KI), Sweden; Schweizer Paraplegiker-Forschung (SPF), Switzerland; Terveyden ja Hyvinvoinnin Laitos (THL), Finland; Fondazione IRCCS Istituto Neurologico Carlo Besta (FINCB), Italy; Uniwersytet Jagiellonski (UJ), Poland; University of Southampton (SOTON), UK; Harokopio University (HUA), Greece; and Age Platform Europe (AGE), Belgium. AGE is a European network of approximately 150 organisations for people aged 50 or over.

Focusing on research and innovation, ATHLOS aims to achieve a better understanding of ageing by identifying patterns of healthy and active ageing and their determinants. To calculate projecting in each specific population and guide policy recommendations, existing longitudinal studies on ageing will be harmonised and a single metric of healthy ageing will be created. ATHLOS will merge large sets of variables from longitudinal databases (at least 20 longitudinal studies) derived from several European and international studies. The Consortium will create and analyse a harmonised data set that includes the longitudinal studies identified, comprising more than 341,000 subjects.

The Project will ascertain risk and protective factors, their interactions, the life stages when they impact health most, and how modifying these factors—through promotion, prevention and timely clinical and public health interventions—can improve the health of individuals and populations. This deeper understanding of ageing will also result in a more realistic definition of 'old age' than the standard chronological approach. The new definition will be used to calculate projections in each specific population and to guide policy recommendations. Experts from the areas of demography, sociology, clinical medicine, epidemiology and public health, health statistics, economics, data management, and public policy will be involved in this research.

“This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 635316”



ATHLOS General Assembly

Date: 30th-31st of May, 2016

Venue: Facultad de Medicina - Universidad Autónoma de Madrid

Arzobispo Morcillo, 4 / 28029- Madrid (Spain) SALA “La Pagoda”

ATHLOS Project

ATHLOS is a five-year project funded by the European Union's Horizon 2020 Research and Innovation Programme under grant agreement number 635316. The ATHLOS (Ageing Trajectories of Health: Longitudinal Opportunities and Synergies) Project officially began on the 1st of May 2015. The ATHLOS Kick-off Meeting was held on 11th and 12th of May 2015 in Barcelona, organised by the coordinator (Parc Sanitari Sant Joan de Déu -PSSJD) and with the participation of all the partners involved in ATHLOS.

<http://athlosproject.eu/>



<https://www.facebook.com/AthlosProject>



@AthlosProject <https://twitter.com/AthlosProject>



Youtube <https://www.youtube.com/channel/UCKglqBGVt14ClnDMMI3RVpQ>

You can see [here](#) the [video](#) interview ATHLOS Project coordinator Dr. Josep Maria Haro (Parc Sanitari Sant Joan de Déu – PSSJD). Barcelona, Spain

ATHLOS Dissemination

dissemination.athlos@uam.es

0034 699102991

Please download the press release in the following [link](#)

“This project has received funding from the European Union’s Horizon 2020 research and innovation programme under grant agreement No 635316”