



PRESS CALL

28th of January, 2020 in the European Parliament, Brussels

Demographic scenarios and healthy ageing policies

Brussels, 28th January 2020. AGE Platform Europe and ATHLOS are hosting a meeting on demographic scenarios and healthy ageing policies at the European Parliament. The event will consider patterns of healthy ageing trajectories, their determinants and how they can be used in public health interventions, providing an overview of the social determinants influencing health inequalities and of the policies that could more positively sustain healthy ageing. It will also gather researchers and policy makers around the most recent research findings in the field of healthy ageing and ensure they have all the right cards in hand to make the necessary changes towards healthy ageing for all.

Sugar intake, smoking, alcohol consumption and inactivity are the most well-known causes affecting our health. By reducing these risk factors, most of our recent and less recent diseases (cardiovascular disease, stroke, diabetes, and mental illness, among the most well-known ones) can be prevented. However, the most efficient tools to prevent and combat diseases are living in a healthy environment and being provided good education. Indeed, research shows that our environment and our education play a major role in the way we age and are essential components for healthy ageing as well.

Demographic scenarios and healthy ageing policies

Date: 28th of January, 2020 from 12pm to 2pm

Venue: European Parliament, Brussels

<http://athlosproject.eu/demographic-scenarios-and-healthy-ageing-policies/>

“This project has received funding from the European Union’s Horizon 2020 research and innovation programme under grant agreement No 635316”



AGENDA

REFRESHMENTS WILL BE SERVED DURING THE MEETING

EUROPEAN DEMOGRAPHICS 12:00 - 12.10

WELCOME SPEECH BY MEP MILAN BRGLEZ

RESEARCH-POLICY DIMENSIONS FOR HEALTHY AGEING 12:10 - 12.20

JOSEP MARIA HARO, PARC SANITARI SANT JOAN DE DÉU (PSSJD)

SOCIAL DETERMINANTS AND HEALTH INEQUALITIES 12:20 - 12.35

FRANCES MCGUIRE, UNIVERSITY COLLEGE LONDON (UCL)

MICRO-SIMULATION FOR HEALTHY AGEING TRAJECTORIES 12:35 - 12.50

GUILLAUME MAROIS, INTERNATIONALES INSTITUT FUER
ANGEWANDTE SYSTEMANALYSE (IIASA)

GUIDELINES FOR POLICY MAKERS 12:50 - 13:00

MATILDE LEONARDI, BESTA INSTITUTE

PANEL DISCUSSION - THE WAY FORWARD WITH ATHLOS' RESULTS 13:00- 13:50

MODERATED BY AGE PLATFORM EUROPE

- MEP CHRYSOULA ZACHAROPOULOU
- DOROTA SIENKIEWICZ – POLICY COORDINATOR AT EUROHEALTHNET
- MEP INTERVENTION ON POLICIES FOR HEALTHY AGEING

CLOSING REMARKS 13:50 - 14:00

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ATHLOS Project

ATHLOS (Ageing Trajectories of Health: Longitudinal Opportunities and Synergies) is a five-year project funded by the European Union's Horizon 2020 Research and Innovation Programme under grant agreement number 635316. The project officially began on May 1st, 2015. Experts from the areas of demography, sociology, clinical medicine, epidemiology and public health, health statistics, economics, data management, and policy are involved in this research.

The ATHLOS Project is coordinated by Dr Josep Maria Haro (PSSJD) and consists of 14 partners from 11 European countries; PSSJD, Spain; University College London (UCL), United Kingdom (UK); King's College London (KCL), UK; Universidad Autónoma de Madrid (UAM), Spain; Spring Techno, Germany; Internationales Institut Fuer Angewandte Systemanalyse (IIASA), Austria; Karolinska Institutet (KI), Sweden; Schweizer Paraplegiker-Forschung (SPF), Switzerland; Terveiden Ja Hyvinvoinnin Laitos (THL), Finland; Fondazione IRCCS Istituto Neurologico Carlo Besta (FINCB), Italy; Uniwersytet Jagiellonski (UJ), Poland; Age Platform Europe (AGE), Belgium; University of Southampton (SOTON), UK; and Harokopio University (HUA), Greece. The Consortium includes the AGE Platform Europe, a European network of approximately 150 organisations of and for people aged 50 or over.

ATHLOS is a research and innovation action aimed at identifying the trajectories and determinants of healthy and active ageing, from early stages of development onwards. Since 2015, the EU-funded project has worked to create a harmonized dataset with over 411,000 individuals. Based on these data, ATHLOS created a single metric of health to further understand the trajectories of healthy ageing, including critical points in time, with the goal to propose timely clinical and public health interventions to optimize healthy ageing. A set of guidelines was therefore created specifically for policymakers. Finally, based on their findings, ATHLOS researchers have proposed a new definition of what is considered "old age".

<http://athlosproject.eu/>



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Youtube <https://www.youtube.com/channel/UCKglqBGVt14ClnDMMI3RVpQ>

ATHLOS Dissemination

dissemination.athlos@uam.es

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Age Platform Europe (AGE)



AGE Platform Europe is a European network of approximately 130 organisations of and for people aged 50+, representing more than 40 million older people in the EU28. AGE's work covers a wide range of policy areas that impact on older and retired people, such as anti-discrimination, employment of older workers and active ageing, social protection, pension reforms, social inclusion, health, elder abuse, intergenerational solidarity, research, accessibility of public transport and of the built environment, and new technologies (ICT). The Platform also takes an active part in several EU projects, mainly funded by the H2020 Programme.

The purpose of AGE's work is to voice and promote the interests of the 190 million inhabitants aged 50+ in the European Union and to raise awareness of the issues that concern them most. AGE seeks to give a voice to older and retired people in the EU policy debates, through the active participation of their representative organisations at EU, national, regional, and local levels, and provides a European platform for the exchange of experience and best practices. It also aims to inform older people on their rights as EU citizens or residents and on EU policy-making processes and recent EU policy developments.

<http://www.age-platform.eu/>

More information: athlos@pssjd.org

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